



RISK ASSESSMENT TEMPLATE FOR Lordswood RFC

Activity Assessed: Lordswood RFC

Assessment Date:

Reference:

Name of Assessor: Jamie Callaway

Review Date:

Ref No.	Hazard	Persons at Risk	Controls Currently in Place	Further Controls Recommended	Risk Rating	Action by Whom	Action by Date	Completed Date
1	Slips Trips and Falls	Employees, Volunteers Players and visitors Contractors Children	Non slip surface within changing rooms (concrete) and on floor of shower area and toilet facilities. Floors in good order.	First aiders will be on site before during and after training and matches	Low			
2	Slipping on the wet floor around the shower areas after practice and matches, into other items such as sinks, showers, and other people		Making members aware at the start of each session the hazards involved in the dangerous wet areas of the facility	Caution signs for the wet areas, grip on the shower floors and areas around the sinks	Medium			
3	Uneven playing surfaces causing trip/fall		Pitches are maintained	Pitches to be checked prior to use.	Low			
4	Injury to persons participating in the activity, or spectators, including collision between players and/or posts		Safe storage of objects and equipment, correct training in open space with limited equipment to cause injury, spectators standing a safe distance from the pitch, First aiders on hand at all sessions, First Aid kits for all teams	First aiders on site	Medium			
5	There is a chance of serious injury to all bodily parts from contact injury, increased in tackling and scrummage.		The training provided is designed to improve level of rugby in a safe manner. It is essential that all members of the club are coached correctly in the most important areas of contact, such as tackling and scrums, and players who are less confident are coached until they are fully ready to partake in the heavy contact sport of rugby. First aiders are present at all matches, and First Aid kits are on hand throughout all training and matches	Maintaining training through coaching, demonstrating how to play this contact sport correctly. First Aid training for minor injuries	High			



6	Less severe injuries, more common to rugby, such as cuts and sprains, though this is increased due to contact-nature of sport.		First Aid kits present during matches, padded training equipment and clear, open, well lit spaces to play and train in, under the supervision of a qualified coach	First Aid training would benefit members of the club, who could assist with minor injuries which are frequent throughout the season	Medium			
7	Lack of training		Novice players are given instruction before playing. Inexperienced players are not permitted to play in the front row of the scrum. Weekly coaching and training session should counteract this.		Medium			
8	Lack of first aid equipment, inability to provide first aid.		A small amount of equipment but not enough. Medical kit should be brought to every training session and match.	Before training and match day first aid kit should be stocked.	Low/Medium			
9	Medical conditions of players		Coaches are made aware of potential conditions and potential problems/management as appropriate	Parents to complete a medical form for their child	Low			
10	Injury to players, spectators and officials. Potential for violence and fighting, aggression between participants may result in fighting on pitch.		The rules of the game do not allow for violence and aggression, and so match officials deal with high levels of aggression throughout matches. There is always potential for injuries through aggression, and all members of the club are warned that violence is unacceptable, dangerous, and not in the interest of the club or of the game of rugby. Presence of RFU / club referee.	Penalising players who show high levels of aggression, warning players against aggression	Low/Medium			
11	Aggression from crowd		On rare occasions that a crowd or parent are present they are advised that aggression and violence is not tolerated and can lead to them being banned from Lordswood rugby club.		Low			
12	Transport		Transport to all games is provided by the parents	Lordswood Rugby club will not transport players to and from games and for training.	Low			
13	Damaged or unsuitable equipment		Coach to monitor and remove any equipment which is deemed hazards.	Checks to be made prior to training and match days.	Low			
14	Coaches and first aiders		Coaches and first aiders to receive adequate training prior to commencing in any activity and to be DBS checked.	Training and refresher training to be conducted by individuals	Low			
15	Severe weather conditions		Coach to monitor weather conditions prior to training and match day if the weather deteriorates during the match it will be the coach and referees decision to end the match and contact parents.		Low			



Risk Rating Key

High	Death or permanent disability likely
Medium	Serious but reversible injury or health effect likely
Low	Minor injury or health effect likely

Notes for Assessor

This template is supplied as a generic form. Each club will be unique and have its own specific issues. Where an existing control is identified but is not yet implemented, it should be moved to the 'Further Controls Recommended' and then the 'Action' boxes completed with a timescale. The residual risk level should be reduced to a level which is as 'low as reasonably practicable'. If a control is not included in the 'Controls Currently in Place' but the club has implemented it, then it should be added into that column.

If a control or hazard is not applicable, then it should be deleted from the assessment form. Do not leave hazards or controls on the form that do not apply. This will only confuse people who read the assessment.

The assessment should be revised at least once a year. Additionally, it may need to be revised if the assessment is no longer considered valid (for example if the club has had repair or refurbishment work undertaken) if there has been an accident or if there has been a change to legislation that may apply.

Copies of risk assessments should be kept available in the club and should be read by anyone who needs to read them, this would include any employees, volunteers, contractors for example.